

ELIGIBILITY

Students (boys and girls) from grades 5 to 12 who attend an ACSIEC member school are eligible to participate. There is also a staff category for staff who wish to participate.

REGULATIONS

- There will be six divisions:
 - Elementary/middle school girls (grades 5-8)
 - Elementary/middle school boys (grades 5-8)
 - High school girls (grades 9-12)
 - High school boys (grades 9-12)
 - Staff (women)
 - Staff (men)
- All competitors will shoot on a 10 foot rim.
- Grades 5-8 students may use a size 5, 6 or 7 basketball. Grade 9-12 and staff will use a size 6 or 7 basketball.

DATES

- January 19-26, 2023 Registration
- January 27, 2023 Registration packages sent out to participating schools
- January 30-February 3, 2023 In-school tourneys for all divisions
- February 6-7, 2023 Tie games (if required)

PROCESS

- Each student in each division will play three "matches" of 20 free throws in each game (60 shots per student total).
- Whichever student has the best overall score of his/her three games (a score out of 60 shots total) will be declared the finalist of that division to represent his/her school.
- Schools will create their own "school tourney" for students within each division.

- Schools may choose to either "match" students against each other (one versus one) for 3 matches
 of 20 free throws each (this may be more competitive and more fun for students), or
- Schools may also complete their matches on a day when all interested students complete 3 games of 20 free throws each (each student by him or herself) and take the best score to win each division (this may be more simple).
- If two or more students have tied for the finalist place in a division, each student will get five more shots with the higher score being declared the winner. If still tied after the extra shots, another set of five will be shot and this will continue until there is a winner.
- The scores of the finalists from each division will be uploaded to the Free Throw Shooting Contest spreadsheet by **Friday**, **February 3**, **2023 at 5 PM EST**.
- ACSIEC will compare these scores against the other finalists in the students' divisions from other schools.
- If there is a tie between finalists in a given division, ACSIEC will contact the schools that have tied finalists to repeat three games of 20 free throws in each game.
- The scores from tie games will be uploaded to the Free Throw Shooting Contest spreadsheet by Tuesday,
 February 7, 2023 at 5 PM EST.

AWARDS

There will be awards for the winner of each division. ACSIEC will send them to the schools to be distributed.

COST

- No cost for ACSIEC member schools.
- \$200 per school for non-ACSIEC schools.

HOW TO REGISTER

Registration is on our <u>website</u>.

RESULTS DEADLINE

- Friday, February 3, 2023 at 5 PM EST: Deadline for finalists' scores to be uploaded to the Free Throw Shooting Contest spreadsheet
- Tuesday, February 7, 2023 at 5 PM EST: Deadline for tie scores to be uploaded to the Free Throw Shooting Contest spreadsheet (if necessary)